

IMIYA Library Contents

Videotapes - page 2

Audiotapes - page 6

Video CD's - page 7

Books - page 11

Other -

IMIYA catalog numbers are shown in [brackets]

Videotapes

A Teacher's Exchange, Geeta S. Iyengar, May 1996, videotape series [V-001]

Asana Class, May 20, 1996, Tape 1 (two copies).[V-001.1a & V-001.1b]

Asana Class, May 20, 1996, Tape 2 (two copies).[V-001.2a & V-001.2b]

Pranayama Class, May 20, 1996 (two copies).[V-001.3a & V-001.3b]

Asana Class, May 21, 1996, Tape 1 (two copies).[V-001.4a & V-001.4b]

Asana Class, May 21, 1996, Tape 2 (two copies).[V-001.5a & V-001.5b]

Pranayama Class, May 21, 1996 (two copies).[V-001.6a & V-001.6b]

Asana Class, May 22, 1996, Tape 1 (two copies).[V-001.7a & V-001.7b]

Asana Class, May 22, 1996, Tape 2 (two copies).[V-001.8a & V-001.8b]

Pranayama Class, May 22, 1996 (two copies).[V-001.9a & V-001.9b]

Asana Class, May 23, 1996, Tape 1 (two copies).[V-001.10a & V-001.10b]

Asana Class, May 23, 1996, Tape 2 (two copies).[V-001.11a & V-001.11b]

Pranayama Class, May 23, 1996 (two copies).[V-001.12a & V-001.12b]

Asana and Pranayama Class, May 24, 1996, Tape 1 (two copies).[V-001.13a & V-001.13b]

Asana and Pranayama Class, May 24, 1996, Tape 2 (two copies).[V-001.14a & V-001.14b]

Yoga in Action series, videotapes [V-002]

Beginners Practice-How to begin a Daily Yoga Practice. (2 copies) [V-002.1a & V-002.1b]

Beginners Practice-A syllabus, lecture, demo with Guruji. (2 copies) [V-002.2a & V-002.2b]

Geeta Iyengar, Diarrhea Part 1. (2 copies) [V-002.3a & V-002.3b]

Geeta Iyengar, Diarrhea Part 2. (2 copies) [V-002.4a & V-002.4b]

Geeta Iyengar, Inversions. (2 copies) [V-002.5a & V-002.5b]

Geeta Iyengar, Life's Elixer. (2 copies) [V-002.6a & V-002.6b]

Geeta Iyengar, Winter Practice. (2 copies) [V-002.7a & V-002.7b]

Geeta Iyengar, Menstruation. (2 copies) [V-002.8a & V-002.8b]

Geeta Iyengar, Trestler. (1 copy) [V-002.9a & V-002.9b]

Geeta Iyengar, Role of Yoga in Women's Life. (1 copy) [V-002.10a & V-002.10b]

International Yoga Week, Rishikesh, India. Feb. 1995, videotapes. [V-003]

Asana Segments/Instruction (1copy) [V-003.1]
Yoga Demonstration (1 copy) [V-003.2]
Pranayama Sessions (1 copy) [V-003.3]
Therapy Sessions Part 1 (1 copy) [V-003.4]
Therapy Sessions Part 2 (1 copy) [V-003.5]

Samadhi, Aesthetic Presentation of the Art of Yoga. BKS Iyengar. 1998. Videotape (1 copy) [V-004]

Yoga: The Ultimate Freedom. BKS Iyengar. Ann Arbor, MI. 1976. Videotape (1 copy) [V-005]

Manouso Manos-Home Study Course Volume 1-Standing Poses Videotape (1copy) [V-006]

Women's Intensive, Pranayama series, Jan. 1997, videotapes [V-007]

Dr. Geeta Iyengar. Pranayama. Jan. 6, 1997. (1 copy) [V-007.1]
Dr. Geeta Iyengar. Pranayama. Jan. 8, 1997. (1 copy) [V-007.2]
Dr. Geeta Iyengar. Pranayama. Jan. 10, 1997. (1 copy) [V-007.3]
Dr. Geeta Iyengar. Pranayama. Jan. 13, 1997. (1 copy) [V-007.4]
Dr. Geeta Iyengar. Pranayama. Jan. 15, 1997. (1 copy) [V-007.5]
Dr. Geeta Iyengar. Pranayama. Jan. 17, 1997. (1 copy) [V-007.6]
Dr. Geeta Iyengar. Pranayama. Jan. 20, 1997. (1 copy) [V-007.7]
Dr. Geeta Iyengar. Pranayama. Jan. 22, 1997. (1 copy) [V-007.8]
Dr. Geeta Iyengar. Pranayama. Jan. 24, 1997. (1 copy) [V-007.9]

Women's Intensive, Asana series, Jan. 1997, videotapes [V-008]

BKS Iyengar & Dr. Geeta Iyengar. Jan. 8, 1997. Tape 1 (1 copy) [V-008.1]
BKS Iyengar & Dr. Geeta Iyengar. Jan. 8, 1997. Tape 2 (1 copy) [V-008.2]
BKS Iyengar & Dr. Geeta Iyengar. Jan. 23, 1997. Tape 2 (1 copy) [V-008.3]
BKS Iyengar & Dr. Geeta Iyengar. Jan. 24, 1997. Tape 1 (1 copy) [V-008.4]
BKS Iyengar & Dr. Geeta Iyengar. Jan. 24, 1997. Tape 2 (1 copy) [V-008.5]
BKS Iyengar & Dr. Geeta Iyengar, Q&A. Jan. 19, 1997. Tape 2 (1 copy) [V-008.6]

Pranayama Intensive Series with BKS Iyengar. RIMYI, 1995, videotapes. [V-009]

Tape#1 (2 copies) [V-009.1a & V-009.1b]
Tape#2 (2 copies) [V-009.2a & V-009.2b]
Tape#3 (2 copies) [V-009.3a & V-009.3b]
Tape#4 (2 copies) [V-009.4a & V-009.4b]
Tape#5 (2 copies) [V-009.5a & V-009.5b]
Tape#6 (2 copies) [V-009.6a & V-009.6b]
Tape#7 (2 copies) [V-009.7a & V-009.7b]
Tape#8 (2 copies) [V-009.8a & V-009.8b]
Tape#9 (2 copies) [V-009.9a & V-009.9b]
Tape#10 (2 copies) [V-009.10a & V-009.10b]

Teachers Tape with Geeta Iyengar. Sydney, 1996, videotapes. [V-010]

Tape #1 (1copy) [V-010.1]
Tape #2 (1copy) [V-010.2]
Tape #3 Part 1 (1copy) [V-010.3]
Tape #3 Part 2 (1copy) [V-010.4]
Tape #4 Part 1 (1copy) [V-010.5]
Tape #4 Part2 (1copy) [V-010.6]
Tape #5 Part 1 (1copy) [V-010.7]
Tape #5 Part 2 (1copy) [V-010.8]
Tape #6 (1copy) [V-010.9]
Tape #7 Part 1 (1copy) [V-010.10]
Tape #7 Part 2 (1copy) [V-010.11]
Tape #8 Part 1 (1copy) [V-010.12]
Tape #8 Part 2 (1copy) [V-010.13]

80th Birthday Celebration-Yogacharya BKS Iyengar. Dec. 1998, videotapes. [V-011]

Volume 1	(1 copy) [V-011.1]
Volume 3	(1 copy) [V-011.2]
Volume 4	(1 copy) [V-011.3]
Volume 7	(1 copy) [V-011.4]
Volume 9	(2 copies) [V-011.5a & V-011.5b]
Volume 10	(1 copy) [V-011.6]
Volume 11	(1 copy) [V-011.7]
Volume 12	(1 copy) [V-011.8]

Audiotapes

Pranayama Intensive Series with BKS Iyengar. RIMYI, 1995, audio cassette tapes. [A-001]

Day 1, Tape 1	(2 copies) [A-001.1a & A-001.1b]
Day 1, Tape 2	(2 copies) [A-001.2a & A-001.2b]
Day 2	(2 copies) [A-001.3a & A-001.3b]
Day 3, Tape 1	(2 copies) [A-001.4a & A-001.4b]
Day 3, Tape 2	(2 copies) [A-001.5a & A-001.5b]
Day 4, Tape 1	(2 copies) [A-001.6a & A-001.6b]
Day 4, Tape 2	(2 copies) [A-001.7a & A-001.7b]
Day 5, Tape 1	(2 copies) [A-001.8a & A-001.8b]
Day 5, Tape 2	(2 copies) [A-001.9a & A-001.9b]
Day 6, Tape 1	(2 copies) [A-001.10a & A-001.10b]
Day 6, Tape 2	(2 copies) [A-001.11a & A-001.11b]
Day 7, Tape 1	(2 copies) [A-001.12a & A-001.12b]
Day 7, Tape 2	(2 copies) [A-001.13a & A-001.13b]
Day 8, Tape 1	(2 copies) [A-001.14a & A-001.14b]
Day 8, Tape 2	(2 copies) [A-001.15a & A-001.15b]
Day 9, Tape 1	(2 copies) [A-001.16a & A-001.16b]
Day 9, Tape 2	(2 copies) [A-001.17a & A-001.17b]
Day 10, Tape 1	(2 copies) [A-001.18a & A-001.18b]
Day 10, Tape 2	(2 copies) [A-001.19a & A-001.19b]

Video CD's

Teachers Training Course with Dr. Geeta Iyengar. September 2-8 2001 [CD-001]

CD 1	Part 1 of 2 Sept. Introduction	62 minutes [CD-001.1]
CD2	Part 2 of 2 Sept. Introduction	31 minutes [CD-001.2]
CD3	Part 1 of Class 3 Sept.	62 minutes (Not in the jacket) [CD-001.3]
CD4	Part 2 of Class 3 Sept.	60 minutes [CD-001.4]
CD5	Part 3 of Class 3 Sept.	24 minutes [CD-001.5]
CD6	Part 1 of Lecture 3 Sept.	63 minutes [CD-001.6]
CD7	Part 2 of Lecture 3 Sept.	29 minutes [CD-001.7]
CD8	Part 1 of Class 4 Sept.	62 minutes [CD-001.8]
CD9	Part 2 of Class 4 Sept.	59 minutes [CD-001.9]
CD10	Part 3 of Class 4 Sept.	35 minutes [CD-001.10]
CD11	Part 1 of Class 5 Sept.	56 minutes [CD-001.11]
CD12	Part 2 of Class 5 Sept.	63 minutes [CD-001.12]
CD13	Part 1 of Lecture 5 Sept.	62 minutes [CD-001.13]
CD14	Part 2 of Lecture 5 Sept.	47 minutes [CD-001.14]
CD15	Part 1 of Class 6 Sept.	61 minutes [CD-001.15]
CD16	Part 2 of Class 6 Sept.	60 minutes [CD-001.16]
CD17	Part 3 of Class 6 Sept.	28 minutes [CD-001.17]
CD18	Part 1 of Class 7 Sept.	60 minutes [CD-001.18]
CD19	Part 2 of Class 7 Sept.	65 minutes [CD-001.19]
CD20	Part 3 of Class 7 Sept.	29 minutes [CD-001.20]
CD21	Part 1 of Q&A 7 Sept.	60 minutes [CD-001.21]
CD22	Part 2 of Q&A 7 Sept.	48 minutes [CD-001.22]
CD23	Part 1 of Class 8 Sept.	65 minutes [CD-001.23]
CD24	Part 2 of Class 8 Sept.	21 minutes [CD-001.24]

Teacher Training Course with Dr. Geeta Iyengar August 7-11, 2000 [CD-002]

CD1	Part 1 of Class 7 Aug. [CD-002.1]
CD2	Part 2 of Class 7 Aug. [CD-002.2]
CD3	Part 1 of Class 8 Aug. [CD-002.3]
CD4	Part 2 of Class 8 Aug. [CD-002.4]
CD5	Part 1 of Class 10 Aug. [CD-002.5]
CD6	Part 2 of Class 10 Aug. [CD-002.6]
CD7	Part 1 of Class 11 Aug. [CD-002.7]
CD8	Part 2 of Class 11 Aug. [CD-002.8]

Sydney, Australia with Dr. Geeta Iyengar [CD-003]

CD1	Uses of Props in Yoga [CD-003.1]
CD2	Uses of Props in Yoga [CD-003.2]
CD3	Uses of Props in Yoga [CD-003.3]

Yoga in Action [CD-004]

CD1	With Trestler	Part 1 [CD-004.1]
CD2	With Trestler	Part 2 [CD-004.2]
CD3	Role of Chair in a Yogi's life.	Part 1 [CD-004.3]
CD4	Role of Chair in a Yogi's life.	Part2 [CD-004.4]
CD5	Guruji's Practice 1975	Part 1 [CD-004.5]
CD6	Guruji's Practice 1975	Part 2 [CD-004.6]

Teacher Training Course by Dr. Geeta S. Iyengar, Intensive Class, July 1997 [CD-005]

CD1	Part 1 of 7 July [CD-005.1]
CD2	Part 2 of 7 July [CD-005.2]
CD3	Part 3 of 7 July [CD-005.3]
CD4	Part 1 of 8 July [CD-005.4]
CD5	Part 2 of 8 July [CD-005.5]
CD6	Part 1 of 9 July [CD-005.6]
CD7	Part 2 of 9 July [CD-005.7]
CD8	Part 1 of 10 July [CD-005.8]
CD9	Part 2 of 10 July [CD-005.9]
CD10	Part 1 of 11 July [CD-005.10]
CD11	Part 2 of 11 July [CD-005.11]
CD12	Part 1 of 14 July [CD-005.12]
CD13	Part 2 of 14 July [CD-005.13]
CD14	Part 1 of 15 July [CD-005.14]
CD15	Part 2 of 15 July [CD-005.15]
CD16	Part 1 of 16 July [CD-005.16]
CD17	Part 2 of 16 July [CD-005.17]
CD18	Part 1 of 17 July [CD-005.18]
CD19	Part 2 of 17 July [CD-005.19]
CD20	Part 1 of 18 July [CD-005.20]
CD21	Part 2 of 18 July [CD-005.21]
CD22	Part 1 of 21 July [CD-005.22]
CD23	Part 2 of 21 July [CD-005.23]
CD24	Part 3 of 21 July [CD-005.24]
CD25	Part 1 of 22 July [CD-005.25]
CD26	Part 2 of 22 July [CD-005.26]
CD27	Part 1 of 23 July [CD-005.27]
CD28	Part 2 of 23 July [CD-005.28]

CD29	Part 1 of 24 July [CD-005.28]
CD30	Part 2 of 24 July [CD-005.29]
CD31	Part 3 of 24 July [CD-005.30]
CD32	Part 1 of 25 July [CD-005.31]
CD33	Part 2 of 25 July [CD-005.32]

Books and Yoga Rahasya

Teachers Study Booklet with Geeta Iyengar. Sydney, Australia. 1996. (4 copies) [B-001a through B-001d]

The Art of Yoga by BKS Iyengar. 1985 (6 copies) [B-002a through B-002f]

Light on Astanga Yoga by BKS Iyengar. Published by YOG. 1999. (3 copies) [B-003a through B-003c]

Yogasutra Pathah (1 copy) [B-004]

Yoga Rahasya [B-005]

Volume 4 #2 (1 copy) [B-005.042]

Volume 4 #3 (2 copies) [B-005.043a & B-005.043b]

Volume 4 #4 (1 copy) [B-005.044]

Volume 5 #1 (1 copy) [B-005.051]

Volume 5 #2 (1 copy) [B-005.052]

Volume 5 #3 (1 copy) [B-005.053]

Volume 5 #4 (1 copy) [B-005.054]

T-Shirts

80 TH birthday celebration	Small	(One)
---------------------------------------	-------	-------

80 TH birthday celebration	Medium	(One)
---------------------------------------	--------	-------

Yoga Mats	Treasure Yoga	Large	(One)
-----------	---------------	-------	-------